



Ink Spa

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Ink Spa celebrates the diversity and individuality of this unique and glamorous city. Delve deep in to a well of relaxation as you make your mark at Ink Spa. Our eclectic treatments offer multiple pathways to outer radiance and inner balance combining luxury with well being. We believe in an ageless approach to a healthy lifestyle by balancing your mind and body. Our treatments include pure natural resources and the healing of touch. Improve your spirit with a brightness and lightness inherent in the indelible inks that once inhabited our historic building.

ENDURING, INDELIBLE, UNFORGETTABLE

INK SPA SIGNATURE TREATMENTS

LASTING IMPRESSION FACIAL

Replenish the skin and polish your image with the perfect facial for our urban environment. This all inclusive facial begins with a peel to lift away dead surface cells and reveal a more uniform complexion. Following this is an acu-lift facial massage to promote healing and restore balance. A pure radiance Vitamin C serum ampoule will be added after a thorough skin analysis along with a neck and décolleté massage. This complete treatment not only brightens your complexion but also revitalizes your body with a scalp and foot massage.

80 minutes \$190

LAVENDER REFLECTION BODY SCRUB

This blissful ritual is an unparalleled sensory experience, complete with powerful skin saturation and hydration. Soft smooth skin becomes a reality beginning with a gentle scrub that combines earthy minerals with the healing properties of lavender. A pampering back, neck and shoulder massage follows, with Organic Lavender Oil and warm healing stones. Next, nourish and relax inside a warm cocoon while a luxurious foot and pressure point scalp massage complete this head-to-toe service. Your skin will drink this in!

80 minutes \$200

INDELIBLE EXPRESSION MASSAGE

We invite you to enjoy an unsurpassed level of relaxation in this organic massage treatment. Enjoy mists of pure neroli water as feet are massaged with alpine essences and wrapped to deepen hydration during your treatment. Make this truly your own experience with your choice of organic aromatherapy essential oils and a customized blend of massage techniques.

50 / 80 minutes \$135/\$190

THE PRESS ROOM

MASSAGE THERAPIES

Our therapeutic massages incorporate a variety of techniques to help promote relaxation, increase circulation and reduce stress. Whether you prefer a gentle full-body massage or extra attention paid to particular areas, our qualified therapists will tailor your treatment to best accommodate your requests.

RE-BOOT

Hectic schedules can wreak havoc on the body and the muscles of the head, neck and shoulders. Recharge with our quick-fix twenty-five minute specialized massage geared to release tension in these areas.

25 minutes \$75

IMPRINT

Custom Massage

Choose from a range of massage therapy techniques including Swedish, deep tissue or sports or ask your therapist to customize your treatment with a stress-busting combination of any or all of these techniques to make the experience truly your own.

50/80 minutes \$125/ \$180

EMBOSS

Hot Stone Massage

This treatment blends the therapeutic properties of heated basalt stones with Swedish massage strokes to deeply penetrate tight muscles with heat and touch. This warmly relaxing massage will take your body and mind to a higher level of relaxation and well being.

50/80 minutes \$160 / \$240

FOOTPRINT

Reflexology

This ancient Chinese art uses pressure points and a refreshing Alpine balm on the feet to work on specific areas of the body. It eases tension and creates balance while rejuvenating you both mentally and physically. May be combined with other massages for the ultimate tactile indulgence.

25/50 minutes \$75 / \$125

LINK

Enjoy any two therapeutic massages with a loved one or friend in our luxurious couple's suite. Create a spa memory you can both cherish.

50/80 minutes (pricing based on treatments selected)

FLOURISH

Mother-To-Be

This treatment is designed for the expectant mother. The techniques used are designed to relieve tension and stress on your body during pregnancy, while our Chinese-geranium infused Harmony Oil helps bring balance to your mind and body. Diminished lower back and hip pain are just a few of the amazing benefits of this massage.

50/80 minutes \$135 / \$190

**not offered in first trimester or for those experiencing a high risk pregnancy*

IN SUITE MASSAGE

Enjoy a relaxing massage in the comfort and privacy of your own room.
\$25 surcharge per treatment

TYPE FACES

SKIN CARE TREATMENTS

Each treatment includes an in-depth analysis of your skin. We feature the Kerstin Florian European skin care line, exclusively. Unique to Kerstin Florian treatments are two distinctive facial massages along with a results-oriented 15-point acupuncture therapy. A personalized take home skincare regimen will follow your treatment so you can continue these benefits at home.

CUSTOMIZED FACIAL

Cleansing

A purely customized deep cleansing treatment for any skin type. These treatments include a gentle exfoliating peel to refine skin texture, extractions, along with a deep-cleansing masque and infusion serum including raspberry, neroli and aloe vera to rejuvenate and nourish the skin. Your journey begins with a heated hand treatment and includes a customized neck and shoulder massage.

50 minutes \$125

DEW DROP FACIAL

Hydrating

With the use of aromatherapy, this hydrating facial decreases tension and restores facial balance. Treatment includes a natural pineapple enzyme peel and an acupuncture and acu-lift facial massage. We work with organic aromatherapy oils that hydrate your skin's deeper layers, imparting an overall glow to your complexion.

50 minutes. \$125

RESCUE REMEDY

Sensitive

A treatment designed to restore balance to distressed complexions. This ultimate calming facial reduces inflammation and improves the skin's tolerance to irritation with an anti-inflammatory ampoule. This facial includes deep cleansing enzymes, an anti-redness masque and protective serums that encourage cellular repair with advanced preparations. Includes neck and décolleté massage.

50 minutes. \$135

CLEANSING BACK TREATMENT

This unique treatment cleanses, refines and tones while offering needed relief and relaxation. Great preparation for that black tie event, evening out or vacation at the beach.

50 minutes \$125

ETCHED FACIAL

Men's Treatment

A deep cleansing and nourishing facial designed specifically for the special skin care needs of men. Soothes the skin with Post Shave Raspberry Extract designed for men's skin needs and a rehydrating masque to refine pores and reduce sensitivity and razor burn.

50 minutes. \$125

FACIAL ENHANCEMENTS

The following upgrades are available with any facial treatments for maximum benefit to your complexion.

AMPOULE THERAPY

Infuse your skin with one of our intensive ampoules. Please ask your esthetician to choose an ampoule best suited for your skin's needs.

Vitamin C Ampoule – antioxidant, damage reversal and brightening. Ideal for all skin types needed a quick lift or pick me up. \$25

Intensive Repair Ampoule – healing, reparative and nourishing. Ideal for very dry/dehydrated or jet lagged skin. \$40

Anti Redness Ampoule – soothing, calming, anti inflammatory. Ideal for sensitive, redness prone or rosacea-prone skin. \$20

GLYCOLIC EXFOLIATION

This remarkable exfoliation treatment helps to refine skin texture, minimize the appearance of fine lines and encourage a balanced skin tone. Imparts facial glow. \$40

VITAL EYE RESCUE

This intensive eye treatment is designed to diminish fine lines and wrinkles and improve under eye dark circles. The techniques used relieve puffy eyes and bring softness to this delicate area. Excellent facial enhancement to all our facial treatments. \$40

BODY TREATMENTS

Kerstin Florian has brought the great healing traditions of Europe and transformed traditional therapies into relaxing, restorative treatments for today's busy lifestyles. Mix and match with thermal mineral rich water, detoxifying seaweed and nourishing oils or herbs. Extend with a massage of your choice, light or deep. Let the experience be yours or create your own ritual for a truly awakening experience.

GENTLE CHAMOMILE SCRUB

Chamomile and gentle granulated pumice stone are swirled over the body to gently buff delicate skin types, followed by a chamomile bath gel loofah scrub. The treatment is completed with the application of a delicately scented chamomile body spray.

50 minutes. \$135

JET LAG RECOVERY

Remedy jet lag or your sleep deficit in this balancing spa experience that includes a dry brush treatment, and full body exfoliation with our Turkish Body Scrub infused with Organic Lavender Oil to promote deep relaxation while gently softening and smoothing the skin. This calming remedy concludes with a soothing aromatic application of Organic Lavender Body Spray to drift you away.

50 minutes. \$135

SPIRULINA DETOX BODY WRAP

Nurture your mind and body with the healing power of the sea. This unique full body envelopment mimics the thalassotherapy spas in the Brittany Coast of France. A full body exfoliation with thermal mineral sea salts is followed by an application of organic seaweed masque. It is rich in minerals, trace elements and nutrients to detoxify and replenish the body's missing healthy minerals. While your body is bathing in this nourishment, you will experience a

relaxing acupuncture facial and scalp massage. This treatment is completed with an application of a detoxifying body oil and Marine Firming Crème leaving your skin nourished, smooth and vibrant.

80 minutes \$200

FAQs & SPA RULES

Appointments and Reservations

We strongly recommend that you schedule spa appointments prior to your arrival at The Spa. Reservations are subject to availability and must be guaranteed with a credit card.

Special Events

Ask us about reserving the spa for your event – bridal shower, birthday or Girls' Night Out.

Off Site Services

We can bring InkSpa to you for spa parties and weddings, office wellness programs, employee appreciation events, trade shows and meetings, anywhere in New York City.

Cancellation

Treatment times are reserved especially for you. We kindly request that cancellations or changes to appointments be made at least 24 hours in advance. A full service charge will apply to all no shows and untimely cancellations.

Arrival

We suggest that you arrive 10 minutes before your appointment time to fill out your personal care guide where you can explain your special health considerations or specific needs.

Late Arrival

As a courtesy to clients booked after you, late arrivals will only receive the remaining available appointment time and will be charged the full service fee.

Do you need help choosing your treatment?

Our spa associate will help you plan the perfect spa experience based on your specific needs or plans.

What should you wear?

Luxurious bathrobes and sandals are provided for your comfort. You may leave your personal belongings in a locker. For your treatment, disrobe to the level of your comfort. Undergarments are not necessary, but you may wear them during your treatment if you prefer. Our licensed therapists are trained to drape a sheet or towel over your body in a discrete manner, assuring your privacy at all times.

Should you shave before a treatment?

Shaving is not recommended prior to any treatment but if you wish to shave we recommend doing so two hours before any facial or body exfoliation treatments.

Is there an age requirement to use the spa?

All spa guests must be 16 or older to schedule a treatment.

Cellular Phones

In consideration of our other guests, we ask that you turn off your cell phone and/or pager before entering the spa.

Payment and Service Charges

We accept all major credit cards. Hotel guests may also charge the service to their room accounts.

Are Gift Certificates available?

Spa Gift Certificates are a wonderful way to give the gift of wellness to those special people in your life. Gift certificates may be purchased at the Spa Reception or by phone and may not be redeemed for cash.

Valuables

The Spa is not responsible for damage to or loss of personal belongings. Our recommendation is to not bring valuables to the spa.

Thank you and we look forward to your visit!