



*ink*spa

MENU OF SERVICES

## Elemis ANTI-AGING FACIALS

### PRO-COLLAGEN AGE-DEFY

*Anti-wrinkle facial with proven results*

Tackle fine lines and wrinkles with the clinically proven\* age-defying benefits of marine charged Padina Pavonica and Red Coral. Targeted massage encourages optimum cellular function for nourished, younger looking skin.

50 mins \$170

**Winner! Best Anti-Ageing Facial – Grazia**

*\*Independent Clinical Trials 2007*

### PRO-INTENSE LIFT EFFECT FACIAL

*Shape, lift and firm*

Powered by breakthrough technology that combines cutting-edge plant stem cells, nutrient-rich natural lipids and firming plant actives. Powerful lifting techniques target sagging jowls, cheeks, chin and neck, whilst helping to reduce puffiness and fluid retention associated with sagging skin.

50 mins \$190

96% of women stated that their facial contours appeared firmed, lifted and shaped\*

90% of women stated that the sagging on their cheeks and neck was visibly improved\*

82% of women stated that they would delay facial surgery and/or Botox following a course of facials\*

*\*Independent Consumer Test Results based on 49 subjects, July 2013*

### DYNAMIC RESURFACING PRECISION PEEL

*Peel away the years for smoother, renewed skin*

This ground breaking anti-ageing facial instantly resurfaces and smoothes the skin. Clinically proven to visibly resurface by up to 75% and increase skin smoothness by up to 32% after just 1 treatment\*, this unique treatment targets blemishes, uneven skin tone, superficial facial scarring and fine lines, revealing a younger looking skin.

Pioneering the precision layering of 3 targeted enzyme serums, this advanced resurfacing technique safely and effectively removes the thickening layer of the epidermis. Skin is left incredibly clean, smooth and radiant, bringing a renewed level of evenness and clarity to the complexion.

50 mins \$170

### WHITE BRIGHTENING PIGMENT PERFECTOR

*Revives dull, slackened skin, restoring radiance*

Restores even skin tone, targeting unwanted areas of pigmentation. Encapsulated Vitamin C acts as a potent brightener, inhibiting future pigmentation. The result is a more even, color-corrected and illuminated complexion.

50 mins \$190

*\*Independent Clinical Trials 2004*

## Elemis SKIN SOLUTIONS FACIALS

### EXPRESS FACIAL

*This efficient facial is ideal for those on the go.*

Your skin is cleansed, lightly exfoliated and gently massaged. A mask is applied according to skin type, followed by a veil of light moisturizer. Extractions are not included

25 mins \$80

### SUPERFOOD PRO-RADIANCE

*Re-balance stressed skin, restore a healthy glow*

A nutritional boost rich in superfoods and essential minerals designed to pack stressed, dull skin with energizing, detoxifying actives. Clinically proven\* to leave skin plumper, radiant and lit up with good health.

50 mins \$150

## **SENSITIVE SKIN SOOTHER**

*Soothe sensitive skin and even skin tone*

Fragile skin needs special attention. A soothing massage technique helps reduce the appearance of redness and protect against daily stresses. Texture and moisture levels are dramatically restored. Skin is left supremely soothed, comfortable and calm.

50 mins \$160

## **ANTI-BLEMISH MATTIFY & CALM**

*Purify congested skin and clear complexion*

A revelation for oily, congested or hormonal skin. This mattifying facial helps combat oil and shine, while intuitive massage helps restore micro-circulation. A deeply detoxifying treatment for clear, bright skin.

50 mins \$160

## **MAN ABOUT TOWN FACIAL**

*High Performance Skin Energizer*

Men's skin behaves differently than women's. Shaving, sports, and lifestyle all make their own demands. ELEMIS responds with a high performance facial therapy designed to restore energy, dynamism, and luster to male skin. This hard-working facial for aging, dehydrated skin and tired eyes maximizes cell regeneration, while steam and extractions decongest.

50 mins \$150

## **Elemis WELLBEING MASSAGE TREATMENTS**

### **CUSTOMIZED MUSCLE MASSAGE**

Alleviate stress, ease aching muscles and revive the senses with this powerful, customized massage. An organic, unscented oil is used with massage techniques to target individual needs and reduce specific stress and muscle tension.

25/50/80 mins \$80 / \$150 / \$225

### **AROMA JOURNEY MASSAGE**

*Our classic customized massage is further enhanced with your choice of 4 blends of essential oils to address your personal needs.*

Stress-a-Way: Wind down and release the tension of the day.

Spirit Reviver: A powerful surge to invigorate and recharge.

Muscle Melt: Relax and re-energise a tired and aching body.

Chakra Balancing: Reconnect your mind, body and soul.

25/50/80 mins \$85 / \$160 / \$235

### **QUIET MIND MASSAGE**

Clear your head of distraction and prepare for deep slumber. Begin with a scalp and temple massage with a powerful blend of patchouli and of wood essential oils to promote tranquillity and relaxation. Your full body massage features soothing massage techniques and your choice of relaxing aromatherapy oils.

25/50/80 mins \$85 / \$160 / \$235

### **MOTHER-TO-BE MASSAGE**

This treatment is designed for the expectant mother. The techniques used are designed to relieve tension and stress on your body during pregnancy. Diminished lower back and hip pain are just a few of the amazing benefits of this massage.

50/80 mins \$160 / \$235

*\*not offered in first trimester or for those experiencing a high risk pregnancy*

### **TREAT YOUR FEET**

This ancient Chinese art uses pressure points and an intensely moisturising foot cream that melts beautifully into the skin, smoothing and hydrating rough dry areas. It eases tension and creates balance while rejuvenating you both mentally and physically. Combine with other massages for the ultimate tactile indulgence.

25/50 mins \$85 / \$160

## **AROMA STONE THERAPY**

Therapeutic heat is slowly released into the belly of the muscle for a completely new body experience. Small stones are placed on key energy points, whilst luxuriously warmed oils are massaged deeply into the body for maximum relaxation.

50/80 mins \$190 / \$270

## **MASSAGE ENHANCEMENTS**

**RESTORATIVE HAND TREATMENT** \$25

**SOOTHING SOLE FOOT TREATMENT** \$25

**NOURISHING SCALP TREATMENT** \$25

*Enhancements do not require additional service time.*

## **Elemis WELLBEING BODY TREATMENTS**

### **INTESELY CLEANSING SALT SCRUB**

*Invigorating deep cleanse*

A body exfoliation ritual to invigorate and revitalise the body. After light body brushing, warm oil is dripped luxuriously over the body, before the sublime Elemis Exotic Lime and Ginger Salt Glow is applied. Skin is deeply cleansed and moisturised, leaving it glowing and vibrant, replenished and flawless.

25 mins \$85

### **BODY NECTAR NOURISHING WRAP**

*Deeply nourishing aromatic treat - Sweet Orchid or Frangipani*

The velvety texture of the Monoi Oil offers super-hydration, quenching a thirsty skin. You are kept cocooned and warm while the mood-balancing aromatics and skin conditioning oils do their work.

50 mins \$160

### **MUSCLEASE AROMA SPA OCEAN WRAP**

*Muscle warming seaweed wrap*

The power of aromatherapy combined with the riches of the ocean. This beautiful, aromatic heated seaweed body mask containing muscle warming blends of Pine and Rosemary essential oils, helps ease the pain of arthritis, fatigue and aching muscles.

50 mins \$160

*\*Body treatments are not offered in first trimester or for those experiencing a high risk pregnancy*

### **THOUSAND FLOWER DETOX WRAP**

This Nutrient-rich detox wrap uses the deeply nourishing Green Tea balm to encourage super skin health and powerful detoxification. It helps stimulate the elimination process and restore equilibrium to leave you feeling completely reinvigorated.

50 mins \$160

## **BODY TREATMENT ENHANCEMENTS**

**RESTORATIVE HAND TREATMENT** \$25

**SOOTHING SOLE FOOT TREATMENT** \$25

**NOURISHING SCALP TREATMENT** \$25

*Enhancements do not require additional service time.*

## FAQs & SPA RULES

### APPOINTMENTS AND RESERVATIONS

We strongly recommend that you schedule spa appointments prior to your arrival at The Spa. Reservations are subject to availability and must be guaranteed with a credit card.

### SPECIAL EVENTS

Ask us about reserving the spa for your event – bridal shower, birthday or Girls' Night Out.

### OFF SITE SERVICES

We can bring our spa to you for spa parties and weddings, office wellness programs, employee appreciation events, trade shows and meetings, anywhere in New York City.

### CANCELLATION

Treatment times are reserved especially for you. We kindly request that cancellations or changes to appointments be made at least 24 hours in advance. A full service charge will apply to all no shows and untimely cancellations.

### ARRIVAL

We suggest that you arrive 10 minutes before your appointment time to fill out your personal care guide where you can explain your special health considerations or specific needs.

### LATE ARRIVAL

As a courtesy to clients booked after you, late arrivals will only receive the remaining available appointment time and will be charged the full service fee.

### DO YOU NEED HELP CHOOSING YOUR TREATMENT?

Our spa associate will help you plan the perfect spa experience based on your specific needs or plans.

### WHAT SHOULD YOU WEAR?

Luxurious bathrobes and sandals are provided for your comfort. You may leave your personal belongings in a locker. For your treatment, disrobe to the level of your comfort. Undergarments are not necessary, but you may wear them during your treatment if you prefer. Our licensed therapists are trained to drape a sheet or towel over your body in a discrete manner, assuring your privacy at all times.

### SHOULD YOU SHAVE BEFORE A TREATMENT?

Shaving is not recommended prior to any treatment but if you wish to shave we recommend doing so two hours before any facial or body exfoliation treatments.

### IS THERE AN AGE REQUIREMENT TO USE THE SPA?

All spa guests must be 16 or older to schedule a treatment.

### CELLULAR PHONES

In consideration of our other guests, we ask that you turn off your cell phone and/or pager before entering the spa.

### PAYMENT AND SERVICE CHARGES

We accept all major credit cards. Hotel guests may also charge the service to their room accounts.

### ARE GIFT CERTIFICATES AVAILABLE?

Spa Gift Certificates are a wonderful way to give the gift of wellness to those special people in your life. Gift certificates may be purchased at the Spa Reception or by phone and may not be redeemed for cash.

### VALUABLES

The Spa is not responsible for damage to or loss of personal belongings. We advise against bringing valuables to the spa.

**Thank you and we look forward to your visit!**

